

Light, Love and Joy

Dear Families and Friends,

As we embrace the holiday season, we want to take a moment to celebrate the incredible families like yours, whose love, strength, and dedication inspire hope every day. The journey you're on with your child is one filled with moments of growth, resilience, and sometimes, small miracles that make all the difference.

As we look ahead to the new year, we carry with us the hope that it will bring more moments of joy, progress, and breakthrough. We know that your child's journey is unique, but it is also full of endless possibilities. Together, we will continue to celebrate the miracles and embrace the successes. We are excited to expand our programs and services with your feedback.

May the holidays bring you peace, love, and the joy of watching your child grow and may the new year be filled with continued hope, growth, and many more milestones to cherish.

Wishing you a season of light, love, and happiness, and a New Year filled with miracles.



Updates : M.

Warmly,

Risa Plotnick, **Executive Director**



Meet Chase, our new lead integration aide!

We would like to introduce you to our new lead IA, Chase Crang who works alongside Tamir's BCBA Clinician Sunbul Rai.

When did you start working at Tamir?

I started at Tamir the summer of 2024.

Can you tell us about one memorable moment from your time at Tamir?

There are definitely plenty of great memories. One of my favourites is the time when we had a water balloon fight with the kids!

What is your favourite part about working at Tamir?

My favourite part about working at Tamir is all the new friends I've made with the staff and the kids seeing them smile is my favourite part of the day!

Do you have a favourite program?

Kitchen Revolutionaries is my favourite — it's great watching the kids have fun making their creations.

Would you recommend working at Tamir as an integration aide?

I would for sure recommend working at Tamir, as an IA you learn something new every day!!

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Families 3

Bidding fall farewell, winter is calling!

Sunbal Rai, BCBA Clinician

As fall programming at Tamir draws to a close, we eagerly anticipate the start of our new winter programming. This fall, Tamir continued to offer enriching Sunday and after-school programs. On Sundays, children and youth had the opportunity to explore the city, engage in a variety of activities, and most importantly, have fun in a safe and supportive environment.

In our Kitchen Revolutionaries program, participants discovered the joy of cooking simple, delicious recipes while enjoying meals with friends. Finally, our Lego program continued to foster creativity, allowing imaginations to soar.

We're thrilled to bring back these programs into our winter lineup and are also exploring the addition of new opportunities on different weeknights such as Art Guild, Gamerz Club, and Friendship Club, to further support our families and children.

We look forward to continuing to evolve and provide programs that enhance and empower our community.

Quotes from our parents:

"Lego Club has provided my child with an opportunity to socialize while doing something he loves! And I really appreciate having time to dedicate to fitness and errands that I wouldn't be able to do otherwise."

M.

"The support workers are fabulous. Well-trained, educated, motivated to learn about each individual child, great with communication and fun. [My daughter] looks forward to each and every activity."









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†+ Winter Programs



Register today! tamir.ca/childrens-services



Sundays

Sunday Funday Adventure Club Urban Explorers

Three programs for three age groups. Meet friends and explore Ottawa!

Jan 12 to Mar 23

(10 weeks)

Ages 7-10 (9am to 3 pm) **Ages 11-15** (9am to 3 pm) **Ages 16-18** (10am to 3pm)

Location

31 Nadolny Sachs Private, Door B



Mondays

Kitchen Revolutionaries

Discover, create, and enjoy delicious new recipes!

Jan 13 to Mar 24

(10 weeks)

Ages 6-10 (5:30pm to 7:30pm) **Ages 11-15** (5:30pm to 7:30pm)

Location

31 Nadolny Sachs Private, Door B



Tuesdays

The Art Guild

Learn painting, sculpting, crafts and more!

Jan 14 to Mar 18

(10 weeks)

Ages 6-10 (5:30pm to 7:30pm) **Ages 11-15** (5:30pm to 7:30pm)

Holiday Heroes & Aleph Bet Adventures

Celebrate Jewish traditions and learn the Hebrew alphabet!

Ages 7-12 (5:00pm-6:30pm)

Location

31 Nadolny Sachs Private, Door B



Thursdays

Lego Club

Build Lego sets and socialize with friends!



Jan 16 to Mar 20

(10 weeks)

Ages 6-9 (5:30pm-7:30pm) **Ages 9-12** (5:30pm-7:30pm)

Location

31 Nadolny Sachs Private, Door B



*Sibling discount available

Activities ::



WINTER VOCABULARY

bird

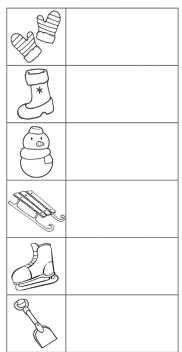
blankets

next to the picture. fire

DIRECTIONS:

Write the word

hat shovel
hot chocolate sled
ice skate snowman
mittens sweater



MEMBERSHIP CAMPAIGN

YES, I would like to support Tamir today! Please accept my gift of... √ \$54 supports Community Cultural Activities √ \$72 supports a community Music Class or Art Class √ \$180 supports Children and Youth Programs √ \$540 helps subsidize Professional Services ONE TIME: □ \$54 □ \$72 □ \$180 □ \$540 Other: \$108 MONTHLY: □ \$36 □ \$180 □ \$360 ☐ Other: ☐ I have enclosed a **cheque** payable to **Tamir** ☐ Please charge this gift to my **credit card** using the information provided. □ VISA □ MasterCard CREDIT CARD# EXPIRY DATE

☐ I would like to be a member of Tamir (Minimum donation \$100)

SIGNATURE

EMAIL

PLEASE VISIT: tamir.ca/donate-now

Tax receipts are issued for donations of \$18 and over. Charitable No: #10806 3686 RR0001

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